

BREAKFAST Available until 3pm

Pearl Sugar Belgian Waffles with berries, powder sugar, Vermont maple syrup	13.00
Granola Parfait with Greek Yogurt, homemade granola, and berries	11.00
Frittata with sausage, mozzarella, parmesan or daily vegetable frittata with fresh bread	15.50
and greens 💥	
Egg White Frittata Tomato, spinach, feta cheese with fresh bread and greens 💥	15.50
Blueberry Blintzes French crepes filled with sweet ricotta, topped with blueberry	13.50
reduction	
Parisian Sandwich ham, Havarti, tomato, and butter on fresh baguette	13.50
with choice of Dijon mustard or dill cream cheese please no substitutions	
Savory Crepes stuffed with ham and Havarti cheese, topped with chive	16.00
Crème Fraiche and served with greens	
Oatmeal with mixed berries, brown sugar, and walnuts	7.50
Avocado Toast with tomato, shaved parmesan and crushed black pepper	11.00
House-made Granola oats, cashews, almonds, cranberries, coconut, and raisins	10.50
topped with fresh berries and choice of milk 🔍	

A La Carte

Scrambled Eggs 4.00

Breakfast Sausage 6.00

English Muffin 3.00

Bacon 4.00

Turkey Sausage Patties 4.00

Avocado 3.50

Fruit Salad 6.00

Fried Egg* 2.00

We love and use local and organic ingredients when possible!

DRINKS

all espresso drinks are 20z shots

Organic Coffee	4.00	Cold Brew	5.00
Espresso or Americano	4.00	Chai Tea Latte	5.50
Cappuccino	5.00	Black or Hibiscus Iced Tea	4.00
Latte	5.50	Orange Juice	5.00
Mochaccino	5.75	Tea Embassy Organic loose leaf tea	5.75
Sweet Matcha Latte	5.50	House-made Lemonade regular,	4.50
Café au Lait	4.25	pomegranate, fresh mint, or lavender	
Cafe con Panna	4.25		

V Can be made vegan

Can be made gluten free

Please inform your server of any food allergies



SALADS	all salads are	e served with organic mixed greens, bread, and butter		
		Our house-made basil walnut pesto is vegan	MATT	
Goat Cheese	Salad with wal	nuts, parmesan, tomato extra virgin olive oil 🕱 🧪 🦯	15.75	
Mozzarella S	alad with basil,	tomato, pesto 💥	15.50	
Maryland Cra	ab Salad two cr	ab cakes over greens with red pepper aioli, basil pesto	25.00	
Mixed Green	s Salad with to	mato, cucumber, basil pesto 🕑 💥	11.50	
Black Bean S	alad with avoca	ado, tomato, cilantro, lime, mango, corn, bell pepper 🕑 💥	15.50	
Niçoise Salad	l seared rare Al	ni tuna, hard egg, potato, green beans, olives, capers,	23.00	
with lemon d	lijon vinaigrett	e*	20.00	
A	dd egg salad 5	chicken salad 5.75 hummus 5.00 avocado 3.50		
TARTINES		d sandwich on freshly baked whole wheat bread with butter ee bread from New World Bakery available for \$3 upcharge		
	Gluten ii	ACT STORTH SEVER IN		
		Add Kettle Chips 2.75		
Tuna Salad w	ith capers, whi	ite beans, onion, sun-dried tomatoes and olive oil	11.75	
Prosciutto ar	nd Mozzarella v	vith pesto, sun-dried tomatoes	15.00	
Chicken Sala	d with dried cr	anberries, walnuts	12.50	
Roasted Turk	cey with avoca	do, tomato, and red pepper aioli	12.75	
Blue Dahlia F	Brie with walnu	its, apricot jam	11.50	
Hummus wit	h avocado, ton	nato, olive oil, black pepper 🔍	11.00	
Sliced Cold S	moked Salmon	with herbed cream cheese, fresh dill, olive oil	14.75	
Egg Salad wit	th olive oil, dill,	touch of cayenne, capers	11.25	
HOUSE SPE	CIALS	Chille		
Soup du Jour	bowl of house	e made soup <i>please ask server for daily special</i>	9.00	
		Beef and Havarti cheese layered on fresh baguette	16.00	
		d horseradish aioli		
		ee cured meats, pickles, olives, and walnuts	20.00	
		er with greens, olives, sun-dried tomato and olive oil ©	17.00	
		cheeses, olives, grapes, and jam	23.00	
WY ALV/		sil pesto, shaved parmesan, mixed greens	16.50	
Coq au Vin Blanc chicken stew with mushrooms, garlic, capers, prosciutto				
	a white wine c			
Meatloaf bee	ef, pork, mushr	ooms, onion, garlic, and herbs	19.75	
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served with mixed greens and a side of au jus